Lesson Plan: Reading

This lesson plan accompanies Cambridge English: First 1 Reading Test 4 Part 6.

This lesson is suitable for students at the beginning or in the middle of their Cambridge English: First course.

Lesson Goals

1. To develop a range of reading skills such as skimming, scanning and summarising.
2. To practise identifying the main purpose of a paragraph within a text.
3. To encourage students to notice textual clues such as tone, vocabulary and reference.

<table>
<thead>
<tr>
<th>Activity (see brackets for resources required)</th>
<th>Time needed</th>
<th>Interaction</th>
</tr>
</thead>
<tbody>
<tr>
<td>Warmer (Resource 1 for display)</td>
<td>5 mins</td>
<td>T-S</td>
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- Present the pictures of Formula One/David Coulthard to the class and ask the following questions:
  - Is anyone interested in Formula One? Why/why not?
  - Do you know anything about this driver?

<table>
<thead>
<tr>
<th>Main activities (Copies of Resource 2 for individuals or pairs, copies of Part 6 for individuals)</th>
<th>45 mins</th>
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<table>
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<tr>
<th>Stage 1</th>
<th>Time needed</th>
<th>Interaction</th>
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<tbody>
<tr>
<td>Give students a copy of Resource 2 and guide them through the questions.</td>
<td>15 mins</td>
<td>T-S</td>
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<table>
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<tr>
<th>Stage 2</th>
<th>Time needed</th>
<th>Interaction</th>
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<tr>
<td>Give students a copy of Part 6. Ask students to skim read the text for general understanding. A time limit of 3 minutes could be set to encourage skimming of the text.</td>
<td>4 mins</td>
<td>T-S then S</td>
</tr>
<tr>
<td>Ask students to re-read the text and summarise each paragraph with a few words, by underlining key vocabulary (particularly in the sentences before and after the gap).</td>
<td>7 mins</td>
<td>T-S then S</td>
</tr>
<tr>
<td>Students can then compare their answers in pairs or small groups.</td>
<td>3 mins</td>
<td>S-S</td>
</tr>
<tr>
<td>Students should then choose from one of the options (if they are unsure of any, they should leave these until the end.)</td>
<td>3 mins</td>
<td>S</td>
</tr>
<tr>
<td>Students should then read through each paragraph, checking they make sense.</td>
<td>5 mins</td>
<td>S</td>
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</table>
• Students then compare answers in pairs and discuss any differences.
• Conduct whole class feedback and discussion of answers. Elicit the following from students:
  1. *What made the second reading more challenging than the first?* longer, similar topic words in each paragraph, unknown vocabulary, more options than gaps.
  2. *Which word/s in the sentences before/after number 37 indicated the correct answer?* polish the *underside*
  3. *In paragraph 3, which line helped you choose the answer for number 38?* Why? A Formula One factory couldn’t be further from that - the negative sentence indicates that the opposite of what Coulthard is describing is required here (Think of a motor mechanic, and you think of oil and dirt...)
  4. *What is the tone of paragraph 7?* (jokey, serious, sentimental, etc.) Does the missing line use the same tone? Both the paragraph and answer carry a sentimental tone.

<table>
<thead>
<tr>
<th>Extension activity (Copies of Resource 3 for individuals to provide further practice on identifying tone)</th>
<th>10-15 mins</th>
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</thead>
</table>

- Give students a copy of Resource 3 and ask them to complete the exercises.  
  10-15 mins  
  T-S then S
Practice makes perfect!
Resource 2

1. Skim read the text below. (Ignore the three missing sentences for the moment.)

2. Each paragraph gives you information about David Coulthard. Can you summarise each paragraph with a heading? Underlining key words will help you do this.

3. Look at the following three options. Which option fits best in each gap? (Use your headings to help you.)

4. Read each paragraph again, including the options you have chosen. Does the text make sense?

A Coulthard has lived for some time in Monaco, and also owns homes in London, Belgium and Switzerland.

B He continued to win races for McLaren before finally joining Red Bull in 2005.

C David’s father gave him a kart for his eleventh birthday and this is when his success began.

5. What other factor/s helped you to choose the correct answer?

David Coulthard is successful former British Formula One racing driver. He was born in Scotland, in 1971, and grew up in a family already connected to motor racing. His grandfather competed in the Monte Carlo Rally and his father drove karts, becoming Scottish National Champion. GAP 1. As a Junior, Coulthard won several major karting competitions, before making the transition to motor racing.

He first joined Formula One with the Williams team in 1994. He won his first Grand Prix the following year in Portugal and then in 1996 he moved teams and joined McLaren. GAP 2.

Coulthard retired from Formula One racing at the end of 2008.

After retiring from Formula One Coulthard continued to work with Red Bull as a consultant and joined the BBC then Channel 4 as a commentator. GAP 3. He owns several luxury hotels in Britain and is a former owner of the Columbus Hotel Monaco, which is located in Monaco’s Fontvieille.
Resource 2 Answer Key

2. Possible answers

Paragraph 1 - His early life

Paragraph 2 - His racing career

Paragraph 3 - His life after racing / His retirement.

3. C,B,A

5. Possible answer

Looking at the sentences before and after the missing information.
Resource 3

Identifying Tone

Exercise 1
Match the words in the box with one of the extracts below. You can choose more than one word for each extract.

<table>
<thead>
<tr>
<th>disappointed</th>
<th>objective</th>
<th>angry</th>
<th>grateful</th>
</tr>
</thead>
<tbody>
<tr>
<td>surprised</td>
<td>enthusiastic</td>
<td>optimistic</td>
<td>excited</td>
</tr>
<tr>
<td>encouraging</td>
<td>light-hearted</td>
<td>serious</td>
<td>determined</td>
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da) World number one Serena Williams beat Angelique Kerber to win her seventh Wimbledon title and her 22nd Grand Slam Title. In the same day, she also went on to claim her sixth Wimbledon women’s doubles title, with her sister, Venus Williams.

b) I am not nervous about my match tomorrow. I am in good physical shape at the moment, and I know I can beat my opponent, just as long as I remain focused.

c) I still can’t believe that they got so far in the competition, they certainly weren’t the favourites to win. I am truly delighted for them, they have clearly worked hard for this.

d) Unfortunately, I won’t be racing in the Grand Prix this weekend. Due to the horrific crash I experienced in my last race, I did not pass the necessary medical checks. I am very sad about this, but I have to accept it.

e) I just can’t wait until tomorrow, we have tickets to the Final! We have really good seats and even if our team don’t win, I am just so happy to be there.

Exercise 2
1. When was the last time you felt any of the following? Discuss with a partner.
   a) angry  b) enthusiastic  c) grateful  d) excited
   e) disappointed  f) optimistic  g) determined  h) surprised

2. Choose 3 of these to write about. Write a paragraph for each.
Resource 3 Answer Key

Exercise 1

Possible answers

a) objective/serious

b) optimistic/determined

c) surprised

d) disappointed

e) grateful/excited
Part 6

You are going to read part of the autobiography of David Coulthard, who is a retired Formula One racing driver. Six sentences have been removed from the autobiography. Choose from the sentences A–G the one which fits each gap (37–42). There is one extra sentence which you do not need to use.

Mark your answers on the separate answer sheet.

Grand Prix driver

I’m a great believer in success, in achieving whatever goal you set on a particular day, so whether I was practising on the track or working out in the gym, I always put my heart and soul into it.

When I was learning my trade, racing on karts as a teenager, I would look after my helmet and race suit carefully. Everything had to be perfect; it was all about preparation. At 18, I progressed to Formula Ford racing, a stage before Formula One, and I’d even get the car up in the garage and polish the underside until it was gleaming.  

But I made the point, jokingly, that if I ever rolled over in a race, my car would have the shiniest underside in history.

It may be that the environment of Formula One fuelled this obsession with neatness and cleanliness. It’s a profession based on precision and exactness. If you walk around a team factory it looks like a science laboratory. A Formula One factory couldn’t be further from that; it’s like something from another planet.

Everything is aircraft standard and quality. And so it should be. If some mega-rich potential sponsor walks into a dirty factory to find people lounging around, that doesn’t make a great impression. If they walk in and everyone’s working hard and there’s not a speck of dust anywhere, that’s another matter.

Polishing my helmet was a specific ritual I had. The race helmet is an important and prized possession. When you’re starting out, you only have one helmet for several years and it can be a pricey piece of kit. By the time you get to Formula One, you’re getting through probably a dozen or more expensive ones a year. Normally I’d never have dreamed of wearing someone else’s, but I did have a problem with the front of my helmet some years ago at the Monaco Grand Prix, and just couldn’t see properly. In the end I used one belonging to Nelson Piquet.

He very kindly let me keep the helmet after the race. He’d finished second in the Brazilian Grand Prix with that helmet, so it’s a unique piece of history – two drivers wearing the same helmet and finishing second in different races. Four years later, Nelson said he wanted to swap another helmet with me. This was before he’d announced he was retiring, so my immediate thought was, what’s with this helmet collection thing? There must be something in it. So I gave him a helmet and he gave me a signed one of his.

Helmets are treasured and it’s quite rare for me to give race ones to anyone. I only gave my friend Richard one recently, although we’ve known each other since we were five. Sometimes it’s easy to forget obvious things. It should be the other way round.
A  I certainly took good care of mine as a result.
B  You take for granted those you’re closest to and you make an effort with people you hardly know.
C  But it was only natural for me to be so particular about cleanliness before racing.
D  Think of a motor mechanic, and you think of oil and dirt, filthy overalls, grubby fingers.
E  Some people said this was ridiculous because it wasn’t as if anyone was ever going to see it.
F  Perhaps I should be doing it as well.
G  That’s why all the teams try and compete hard with each other on presentation.
Test 4 Key

Reading and Use of English (1 hour 15 minutes)

Part 1
1 B  2 D  3 A  4 D  5 D  6 C  7 B  8 B

Part 2
9 As/While  10 like  11 what  12 which/that  13 and  14 a
15 since  16 one

Part 3
17 objective  18 description  19 decisions  20 personality  21 unconsciously
22 ease  23 variety  24 enthusiastic

Part 4
25 how MUCH | the trips
26 able to | COME up with
27 to GIVE | (careful) thought/consideration to
28 on (walking) | EVEN when/though/after it
29 HARDLY any tickets | left/remaining/(still) available
30 a/any CHANCE | of getting

Part 5
31 A  32 D  33 B  34 B  35 A  36 C

Part 6
37 E  38 D  39 G  40 A  41 F  42 B

Part 7
43 A  44 D  45 C  46 A  47 B  48 D  49 C  50 A
41 C  52 D

Writing (1 hour 20 minutes)

Candidate responses are marked using the assessment scale on pages 107–108.